

CycleX 2022 season

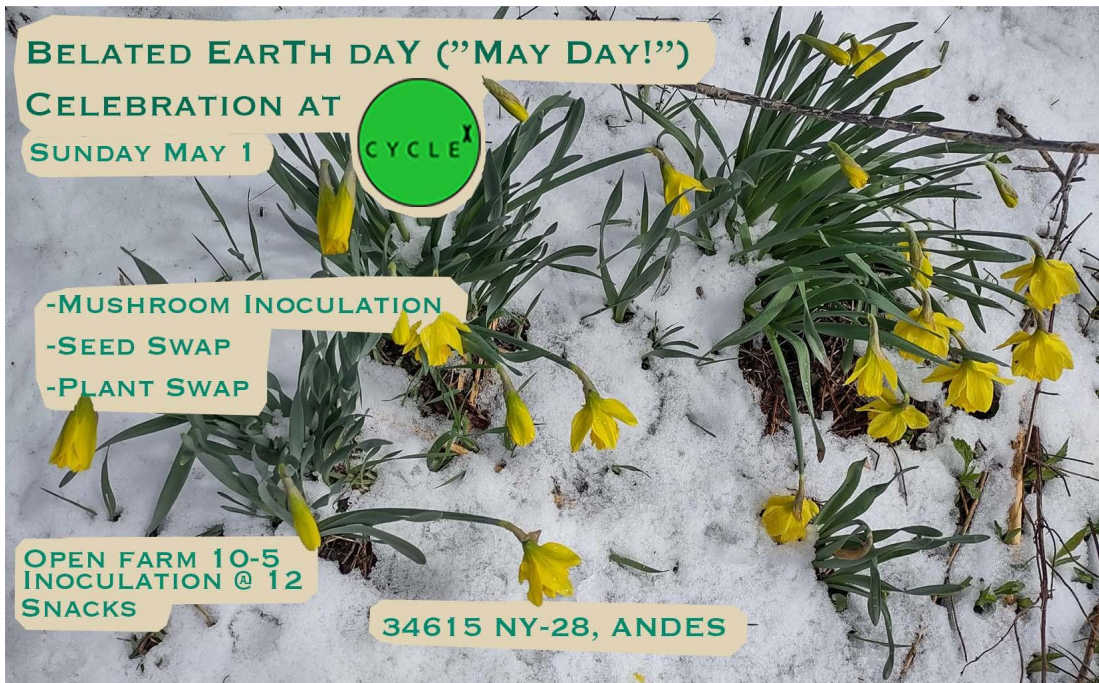
**Earth Day - April**

Hosts: Sophie & Erwin

Attendees: 10-12

Seed, plant, tree exchange

Promotion: Radio, flyers, IG, FB





### Clay Oven Dinner - June

Hosts: Sophie, Danny

Attendees: 15

Promotion: Word of mouth



Cob kitchen by Sophie Gell

### Cookout - July

Host: Erwin

Attendees: 15

Promotion: Word of mouth

### Catskills Field Days Breakfast/ Mushroom Hike - July

Hosts: CycleX, [Heritage Radio Network](#)

Attendees: 40

Part of field days fundraiser for HRN, which provided food, coffee, paper goods. Erwin provided tables, chairs, pop-up shelters, led mushroom hike.

Promotion: HRN broadcast and social media, interviews between Katie (HRN Dir) and Erwin aired on HRN podcast and Farm Hour (WIOX), email

<https://heritageradionetwork.org/photo-diary-heritage-radio-networks-catskills-field-day>

<https://heritageradionetwork.org/episode/hrns-catskills-field-day-mushroom-foraging-catskill-fungi>

HRN radio farm hour

<https://drive.google.com/file/d/1-d4E-IGpnrs8m6ctzILKWK3nx79P31lu/view>

### Garlic Harvest - July

Attendees: Rhizome - Michael, Celine, Melanie, Charlotte  
Melanie and Charlotte filmed night harvest of garlic

### Farm Ops:

Trees: donated by VA farm, Amy, Madalyn

Trees from VA did not do well, red currants, red bud and one paw paw survived

Success with swamp white oak, river locust, bitternut hickory, American hazelnut. Stock sourced locally seems better suited.

Planted rootlings in swales constructed in 2021, built air pruning bed, watered seedlings during drought, installed protective fencing.

Existing orchards: poor production from apples, plums, cherries. Cane crops okay: black, white and red raspberry, strawberries, currants produced some fruit. Pruning during winter.

### Mushrooms:

Expanded log inoculation piles, excellent yields of inoculated and mycorrhizal species.

Perfect method for sunning, dehydrating, powdering and packaging mushrooms. Tested inoculation in bags for indoor cultivation: good yields of pioppino, oyster, and chestnut.

### Vegetable, herbs:

Starter plants donated by Tovey, Amy

Yield: good production of asparagus, garlic, spinach and squash. Tomatoes moderate due to early frosts.





**FF:**

Mamoun - visited twice, once to drop off willow stock from Syracuse with rented truck. Returned for a week and built one and a half living structures.



Andy and Emily - visited regularly throughout the grow season, created new planting beds, grew herbs, tobacco, and added many flowering plants. Mowing and helped with repairs on house, built trellises and planter boxes.



Other visitors:

Phoebe - toured farm in fall, interested in an allotment to grow Asian vegetables.  
Brit Bunyard, publisher of Fungi Magazine; Susie and Gail; Kitty Montgomery